

# *The Directory*

around the  
**esna**  
neighborhood

*Your Guide  
To The Best  
The East 60s  
Have To Offer!*

Dear Neighbor,

Welcome to *The Directory*, ESNA's guide to the business and commercial enterprises, the institutions and professionals that contribute so much to making the East 60s the dynamic community we all enjoy.

Here is the *best* the East 60s have to offer!

In today's difficult economic climate, we urge you to make a special effort to patronize these ESNA members.

Their support enables us to continue the programs—tree pruning, graffiti removal, toy drives and more—that make such a difference.



It's good business to do business where you see the ESNA decal displayed.

With best regards,  
The ESNA Board of Directors

The content that follows has been provided to ESNA by each listed member.

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215 East 64<sup>th</sup> Street (2<sup>nd</sup>-3<sup>rd</sup>)  
212-355-1230; Fax: 212-758-7858  
e-mail: [reservations@affinia.com](mailto:reservations@affinia.com)  
[www.affinia.com](http://www.affinia.com)



@affiniahotels

Located just steps from the famed Central Park, Affinia gardens features 130 spacious suites with generous living spaces, including new kitchens and large vanities with Hollywood lighting, soothing services, and comforting amenities that create that perfect place for a tranquil retreat in New York City. The hotel is ideal for families, corporate travelers and extended stay guests alike. Wheelchair accessible.

## **Alexander and Sons Upholstery**

410 East 64<sup>th</sup> Street (York-1<sup>st</sup>)  
212-750-1040; Fax: 212-750-1226

Custom-Made Furniture. Reupholstery and Window Treatments. Family Owned and



Operated since 1967. Two Locations to Serve Your Needs. Quality Workmanship is our main concern. Featured in Many Well-known Designer Magazines. Open: Mon.-Fri. 7 am - 5 pm; Sat. 8 am - noon.

### **Allstate Insurance**

440 East 62<sup>nd</sup> Street, Suite #1B (York-1<sup>st</sup>)

212-737-8900; Fax: 646-429-8027

e-mail: [robcapitalbi@allstate.com](mailto:robcapitalbi@allstate.com)

[www.allstateagencies.com/robcapitalbi/welcome](http://www.allstateagencies.com/robcapitalbi/welcome)

Let us assist you with your insurance needs. Homeowners, renters, condo and co-op insurance. Life insurance. Cancer insurance. Personal and commercial auto insurance. We are dedicated to providing extraordinary service to our customers. "You're in good hands with Allstate." Open: Mon.-Fri. 9 am - 5 pm.

### **Anassa Taverna**

200 East 60<sup>th</sup> Street (Corner of 3<sup>rd</sup> Ave)

212-371-5200; Fax: 212-688-0080

e-mail: [info@anassataverna.com](mailto:info@anassataverna.com)

[www.anassataverna.com](http://www.anassataverna.com)



Anassa Taverna is a bi-level Mediterranean/Greek restaurant. Our menu highlights the freshest seafood the world has to offer. Served "family style". Open Daily: Lunch: 11:30 am - 4:30 pm & Brunch Sat. & Sun; Dinner: Sun.-Thurs. 4:30 pm – 11:00 pm; Fri. & Sat. 4:30 pm – Midnight.

### **Anatolia Mediterranean Cuisine**

401 East 62<sup>nd</sup> Street (York-1<sup>st</sup>)

212-223-7500; Fax: 212-223-7504

email: KurtKurt43@yahoo.com

[www.anatolianyc.com](http://www.anatolianyc.com)

[www.menupages.com](http://www.menupages.com) Search: anatolia

[www.Seemlessweb](http://www.Seemlessweb)

Traditional Mediterranean cuisine featuring homemade main courses and homemade desserts. Wide variety of flavorful cold and hot appetizers. Succulent seafood dishes exactingly prepared to order. Wine and Beer. Credit cards. Free delivery. Open daily: Mon.-Sat. 11:30 am – 11:00 pm; Sun. noon -10:00 pm

### **Animal Medical Center**

510 East 62<sup>nd</sup> Street (East of York)

212-838-8100; Fax: 212-758-8157

[www.amcny.org](http://www.amcny.org)

The Animal Medical Center ([www.amcny.org](http://www.amcny.org)) in New York City is a non-profit veterinary center that has been a national leader in animal care since 1910. As an academic veterinary hospital, the AMC promotes the health and well-being of companion animals through advanced treatment, research and education. The AMC staff is comprised of over 80 veterinarians who utilize an interdisciplinary

team approach combining expertise in key specialties and services to care for your pet 24 hours a day, 365 days a year.

### **Apple Bank for Savings**

1168 First Avenue (Corner of 64<sup>th</sup>)

212-535-8378

[www.theapplebank.com](http://www.theapplebank.com)

This full-service branch is committed to building long-term relationships with individuals and businesses in the community. It offers competitive savings, time deposits, a variety of personal and business checking accounts, and much more. 24-hour ATM service; safe deposit boxes available. Notary. Open: Mon.-Thurs. 8:30 am - 4 pm; Fri. 8:30 am - 6 pm; Sat. 9 am - 1 pm.

### **▲ Avis Rent A Car**

310 East 64<sup>th</sup> Street (1<sup>st</sup>-2<sup>nd</sup>)

212-593-8363

[www.Avis.com](http://www.Avis.com)

Manhattan Rent Control Rates available to ESNA members. Show your ESNA membership card to receive this benefit. Avis's business is renting cars; its mission is total customer satisfaction; its goal is to provide the best quality customer service—a level of service unsurpassed by competitors. Open daily: Sun. 6:30 am - 10 pm; Mon.-Sat. 6:30 am - 11 pm; Sun. 6:30 am - 10 pm.

### **Bagel Express II**

1228 Second Avenue (64<sup>th</sup>-65<sup>th</sup>)

212-879-3960; Fax 212-879-3064

Jumbo bagels, hand-rolled, all-natural and baked on the premises. Breakfast specials. Premium coffee bar. Deli sandwiches. Grilled sandwiches. Specialty sandwiches. Smoked fish. Fresh homemade soups. Tossed Bar—“Create your own salad.” Traditional salads. Muffins and pastries. Catering menu—Continental breakfast, Executive breakfast, Smoked salmon platter. Special events platters. Free delivery. Credit cards accepted. Open daily: Mon.-Sat. 6 am - 6 pm; Sun. 6 am - 6 pm.

### **Bagelworks**

1229 First Avenue (66<sup>th</sup>-67<sup>th</sup>)  
212-744-6444

Bagels, muffins and pastries—All Baked Fresh Daily on our premises. All natural with no preservatives. Drop by and watch us bake them . . . the old-fashioned way, since 1983. Full complement of salads, cheeses and smoked fish. Try our heaping “Bagelwich” and famous appetizing spreads. You’re in for a treat. Proud to have the distinction of being *Zagat* rated for the last 10 years. Free delivery with minimum \$10 order. Open daily: 6 am – 9 pm.

### **Baker Street Pub & Restaurant**

1152 First Avenue (Corner of 63<sup>rd</sup>)  
212-688-9663

[www.bakerstreetnyc.com](http://www.bakerstreetnyc.com)



“Your home away from home,” this vibrant pub has everything you will ever need. Guinness, fish & chips, and homemade dinner. Watch all premier League Soccer, International Rugby, World Cup here. Best Value on the Upper East Side! Sat. & Sun. brunch features 2 complimentary cocktails, all for \$15. Open daily: 11 am - 4 am. Lunch daily.

### **The Ballet Club**

328 East 61<sup>st</sup> Street, 2<sup>nd</sup> floor (1<sup>st</sup>-2<sup>nd</sup>)  
917-281-1030; Fax: 917-281-1032  
e-mail: [anne@theballetclub.com](mailto:anne@theballetclub.com)  
[www.theballetclub.com](http://www.theballetclub.com)



We are a ballet school for all ages. Programs include the Children's Creative Dance Club Division, the Performing Arts Pre-Professional Division and Nutcracker Project, Summer Camps and Summer Programs. We offer professional training in a nurturing environment.

### **Baron Realty**

425 East 63rd Street (York-1<sup>st</sup>)  
212-867-5999  
email: [shelley@baronrealtynyc.com](mailto:shelley@baronrealtynyc.com)  
[www.baronrealtynyc.com](http://www.baronrealtynyc.com)

Leasing and sales, residential and commercial.

### **Bed Bath & BEYOND**

First Avenue and 61<sup>st</sup> Street  
646-215-4702  
12 [www.esna-nyc.net](http://www.esna-nyc.net)

[www.bedbathandbeyond.com](http://www.bedbathandbeyond.com)



Bed Bath & Beyond operates a chain of retail stores under the names of Bed Bath & Beyond, World Market, Cost Plus World Market, Cost Plus, Christmas Tree Shops, andThat!, Harmon, Harmon Face Values and buybuy BABY throughout the United States and Canada. In addition to a wide assortment of domestics and home furnishings, our east side location has a full line of health and beauty care products, a comprehensive assortment of gourmet food, and a selection of baby products, including cribs, strollers, furniture and more for the newest addition to your family. Same day delivery in Manhattan. Open daily from 9 am - 9 pm.

### **Bentley Hotel**

500 East 62<sup>nd</sup> Street (Corner of York)

212-644-6000; Fax: 212-207-4800

[www.bentleyhotelnyc.com](http://www.bentleyhotelnyc.com)

The elegant Bentley, with 197 distinctively appointed rooms, offers spectacular views of the 59<sup>th</sup> Street Bridge and New York City skyline. Prime at the Bentley kosher restaurant, offers spectacular rooftop views featuring seasonal outdoor seating. Prime is open daily for dinner, with the exception of Friday. Also, come in and enjoy Starbucks coffee, pastry, sandwich and/or a cocktail at the lobby café and Bar, open daily from 6:30 am - 12 midnight.

## **Bistro 61**

1113 First Avenue (Corner of 61<sup>st</sup>)  
212-223-6220; Fax: 212-223-6215  
e-mail: [info@bistro61.com](mailto:info@bistro61.com)  
[www.bistro61.com](http://www.bistro61.com)



*Zagat* rated food and service “very good to excellent.” A casual upscale French bistro serving top quality food at reasonable prices. Full bar and excellent wine selection. Outdoor dining, weather permitting. Available for private parties. Specials: Mon.-Thurs. All you can eat mussels & fries; Mon.-Thurs. Prix fixe menu 4 pm - 6:45 pm. Delivery. Open: Mon.-Fri. 11 am - 11 pm; Sat.-Sun. for Brunch prix fixe, 10:30 am - 4 pm; Dinner 4 pm - 11 pm.

## **Canaletto Restaurant**

208 East 60<sup>th</sup> Street (2<sup>nd</sup>-3<sup>rd</sup>)  
212-317-9192



“An ‘island of mellow civility,’ this ‘upscale’ Italian” (*Zagat 2011*) offers the neighborhood’s most reliable dining experience. Takeout and delivery available. Open daily: Lunch noon - 3 pm; Dinner 5 pm - 10 pm.

## **Capital One Bank**

1295 Second Avenue (Corner of 68<sup>th</sup>)  
212-737-3974  
e-mail: [branch275@capitalonebank.com](mailto:branch275@capitalonebank.com)  
[www.capitalonebank.com](http://www.capitalonebank.com)

This neighborhood bank offers a competitive product line for individuals and the business community. Rated one of the strongest banks in the metropolitan area. ATM machine available. Open: Mon.-Fri. 8:30 am - 6 pm.

### **China Fun**

1221 Second Avenue (Corner of 64<sup>th</sup>)  
212-752-0810/0819/1825; Fax: 212-752-0821  
[www.chinafun-ny.com](http://www.chinafun-ny.com)

All baking and barbecuing are done in the bright, clean premises with the very freshest ingredients. The highly reasonable menu is overflowing with Cantonese, Szechuan and Hunan classics; but the elegant and resourceful Wu Family and its chefs also have Chinese fun with a variety of special entrées and an ample and celebrated selection of dim sum. Full bar and premium wines hand-selected seasonally. Open daily: Sun.-Thurs. 11:30 am – 11 pm; Fri. & Sat. 11:30 am - midnight.

### **City Valet**

337 East 64<sup>th</sup> Street (1<sup>st</sup>-2<sup>nd</sup>)  
212-327-0500  
[www.cityvalet.com](http://www.cityvalet.com)

Go where you want, when you want, in the privacy of your own car. City Valet, your personal chauffeur, will pick up and deliver your car for service, inspections, hand-washing, repair, and more. Our polite, reliable, fully-insured drivers will drive you anywhere around town—doctor, restaurant, theatre or museum—in your own car. All major credit cards accepted. Gift certificates available. 24-hour advance reservations suggested.



## **Cork & Bottle**

1158 First Avenue (63<sup>rd</sup>-64<sup>th</sup>)

212-838-5300; Fax: 212-751-4268

e-mail: corkandbottles@hotmail.com

Purveyors of fine wines and spirits. Phone orders welcome. Prompt delivery. Open daily: Mon.-Thurs. 10 am - 11 pm; Fri. - Sat. 10 am - Midnight; Sun. noon - 9 pm.

## **Craft Cleaners**

1089 Third Avenue (Corner of 64<sup>th</sup>)

212-838-5097

Same day service • Expert tailor on premises • Free pickup and delivery • Shirts and blouses deftly laundered • Hand pressing • Special attention given to special garments—wedding gowns, beaded and sequined fashions, leather & suede, down & silk. Open: Mon.-Fri. 7:30 am - 7 pm; Sat. 8 am - 5pm.

## **Cushman & Wakefield - Guthrie Garvin, Senior Vice President**

212 660-7786

e-mail: guthrie.garvin@cushwake.com

www.cushmanwakefield.com

Massey Knakal has joined forces with Cushman & Wakefield.

Together, we have created a dominant force in the market, transforming the way the world works, shops and lives. Guthrie Garvin has been exclusively representing building owners on the Upper East Side for the past 11 years. Guthrie was recently recognized by Forum Magazine as one of

the Top 20 sales brokers in New York City and his firm has been the #1 building sales firm in New York City for the past 13 years. Whether you are considering a sale, retail lease, or re-financing your property, Guthrie and his team will provide you their proven market expertise, affording you the peace of mind that you did not leave any money on the table. If you would like to discuss your particular property, or would simply like to discuss the Upper East Side market in general, please don't hesitate to call.

### **CVS**

1223 Second Avenue (Corner of 64<sup>th</sup>)

212-752-7703

[www.cvs.com](http://www.cvs.com)

CVS is a health and beauty product pharmacy which provides a One Hour Photo Department and has a pharmacist on duty to answer any questions you may have. Our goal is to help people live happier and healthier lives. You may use the Rapid Refill Line to renew your prescriptions. Open: 24/7. Pharmacy hours: Mon.-Fri. 8 am - 9 pm; Sat. & Sun. 9 am - 6 pm.

### **Day & Meyer, Murray & Young Corp.**

1166 Second Avenue (61<sup>st</sup>-62<sup>nd</sup>)

212-838-5151; Fax: 212-759-4901

[www.dayandmeyer.com](http://www.dayandmeyer.com)

Serving the packing, moving and storage needs of East Side residents for over 100 years. Safe, Secure and Convenient storage space. Fine art and antique packing and shipping worldwide. Experienced,

professional staff. No-obligation proposals provided at your convenience. Call us or stop in for a tour of our facility. Open: Mon.- Fri. 9 am - noon and 1 - 4 pm.

**James H. Doundoulakis, DMD, MS  
Cosmetic Dental Rehabilitation, PC**

53 East 66<sup>th</sup> Street (Park-Madison)

212-517-3365

[www.cosmeticedentalny.com](http://www.cosmeticedentalny.com)



Specialist in dental implants, cosmetic dental techniques, in-office “Power” tooth whitening, porcelain laminates, and INVISALIGN. Dr. Doundoulakis is a past president of the world’s largest dental implant academy. Extensive experience and training in state-of-the-art techniques. Dr. Doundoulakis can restore the most challenging cosmetic problems into beautiful smiles. Fellow of six dental academies, including the American College of Dentists. Director of Implant Prosthetics at Mount Sinai Medical Center. The office has an astounding *new* presence on the Internet and has a veritable cornucopia of cosmetic dentistry information—from advanced technologies to a Dental Dictionary! Look for Dr. Doundoulakis’ book *The Perfect Smile*, published by Hatherleigh Press. By appointment.

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**Dueto Hair & Color Salon**

1303 Second Avenue (68<sup>th</sup>-69<sup>th</sup>)

212-879-4800

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[www.esna-nyc.net](http://www.esna-nyc.net)

[www.duetosalon.com](http://www.duetosalon.com)



Dueto Salon is a full-service salon with an experienced and well educated team in the latest trends. Our warm and friendly staff will listen to your needs and infuse their ideas to keep you looking and feeling your best. We are open six days a week to accommodate your schedule. We look forward to your visit, and remember: “What you do with your hair is our business!”.  
Tues.-Fri. 9 am – 7:30 pm; Mon. & Sat. 9 am - 6 pm. We accommodate earlier appointments upon request.

### **Dunkin’ Donuts**

### **Baskin Robbins**

1225 First Avenue (Corner of 66<sup>th</sup>)

212-734-5465

1099 First Avenue (60<sup>th</sup> -61<sup>st</sup>)

212-588-9488

Our friendly staff serves Dunkin’ Donuts, fresh coffee, breakfast sandwiches and bakery products, along with Baskin Robbins desserts & ice-cream cakes. Let us make it a great day for you. We deliver and cater for any occasion. Open: 24/7.

### **East Midtown Partnership**

875 Third Avenue, Mezzanine (Corner of 53<sup>rd</sup>)

212-813-0030

[www.eastmidtown.org](http://www.eastmidtown.org)



The East Midtown Partnership is a Business Improvement District, covering 48 blocks of Midtown Manhattan, including Bloomingdale's and the Roosevelt Island Tram Plaza. The EMP supplements city sanitation, security and homeless outreach efforts; beautifies the streetscape; and provides marketing assistance—including a community shopping guide online and website—for the 3,000 businesses in the district.

### ▲ **Eastside Art Gallery - Framing**

1239 First Avenue (66<sup>th</sup>- 67<sup>th</sup>)

212-327-2540

e-mail: [eastsideart@hotmail.com](mailto:eastsideart@hotmail.com)

Expert rapid custom framing. Wide range of custom framing services. Posters, lithographs and paintings. Superior workmanship at competitive prices. Show your ESNA Membership Card and get an additional 10% discount. Designers and corporate accounts welcome. Open daily: Mon.-Fri. 10:30 am - 7 pm; Sat. 10:30 am - 6 pm; Sun. noon - 5 pm.

### **Eddie's Haircut and Shave**

1295 First Avenue (69<sup>th</sup>-70<sup>th</sup>)

212-861-1145

e-mail: [info@eddieshaircutshave.com](mailto:info@eddieshaircutshave.com)

[www.eddieshaircutshave.com](http://www.eddieshaircutshave.com)

To better serve our valued customers, our two locations have recently become one. As of September 16, 2013, we have consolidated our business into a single central location. For the finest haircut & shave on the Upper East Side, please visit us at 1295 First Avenue or call. As you know,

many of our barbers do not require an appointment—just walk right in! We value your business and friendship, and look forward to seeing you again soon. Hours: Mon.-Fri. 8:00 am - 7:00 pm; Sat. 8:00 am - 6:00 pm.

### **EFI Dry Cleaners & Laundry**

365 East 62<sup>nd</sup> Street (1<sup>st</sup>-2<sup>nd</sup>)

212 588-1808

e-mail: [eficleaners@verizon.net](mailto:eficleaners@verizon.net)

There *is* something new under the sun! We professionally, carefully dry clean *each garment* for \$4.99! That's right—just \$4.49 for pants, jackets and sweaters! And we Wash & Fold for 85¢ per lb. Free pick-up & delivery. Open: Mon.-Fri. 7 am - 7:30 pm; Sat. 7:30 am - 6:30 pm.

### **El Porrón**

1123 First Avenue (61<sup>st</sup>-62<sup>nd</sup>)

212-207-8349

[www.elporronnyc.com](http://www.elporronnyc.com)



El Porrón Una Tasca Moderna serving excellent Classic & Signature Tapas. Open for lunch and dinner every day. Social Hour: Sun.-Thurs. 3 pm - 6:30 pm; Fri. & Sat. 3pm - 6 pm any three tapas from our menu for \$18. And \$5 glasses of red or white Sangria or Draft Beer at the bar and bar tables. Open: daily: Sun.-Thurs. noon - 11 pm; Fri. & Sat. noon - midnight.

### **Falk Surgical**

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[www.esna-nyc.net](http://www.esna-nyc.net)

*For all your home healthcare needs!*

1167 First Avenue (Corner of 64<sup>th</sup>)

212-744-8080; 212-737-1521

[www.falksurgicalsupplies.com](http://www.falksurgicalsupplies.com)

As your local source for patient home healthcare, we are dedicated to providing you with the very BEST. That is why we have relocated to a large, more modern facility! Our friendly, knowledgeable staff is here to serve you seven days a week. Open daily: Mon.-Fri. 9 am - 6:30 pm; Sat. 10 am - 5 pm; Sun. 10 am - 3 pm.

### **Equinox Sports Club**

330 East 61st Street (1<sup>st</sup>-2<sup>nd</sup>)

212-355-5100; Fax: 212-355-5101

[www.thesportsclubla.com](http://www.thesportsclubla.com)



Get your heart pumping at Sports Club/LA – New York on the Upper East Side. Focus on cardiovascular conditioning on the basketball court, build endurance on the rock-climbing wall, or get results in the pool. With more than 150,000 square feet of technologically advanced equipment, over 100 group exercise classes and gorgeous studios it is easy to see why this is one of the most talked about Clubs in New York. Month-to-Month Memberships, Young Professional, Senior and Corporate rates are available. Club Hours of operation are Mon.-Thurs. 5:00 am – 11:00 pm; Fri. 5:00 am - 10:00 pm; Sat & Sun. 7:00 am - 9:00 pm.

### **Fast Clean**

326 East 65<sup>th</sup> Street (1<sup>st</sup>-2<sup>nd</sup>)

212-472-9835

Full-service dry cleaning and laundering •  
Special attention given delicate garments •  
Shirts, blouses, sheets, pillow cases  
skillfully laundered • Expert tailor on  
premises • Free delivery. Open: Mon.-Fri. 7  
am - 7 pm; Sat. 8 am - 6 pm.

### **Fatty Fish Restaurant**

406 East 64<sup>th</sup> Street (York-1<sup>st</sup>)

212-813-9338

e-mail: [chefroyl@aol.com](mailto:chefroyl@aol.com)

[www.fattyfishnyc.com](http://www.fattyfishnyc.com)



Fatty Fish's cuisine incorporates traditional eastern herbs and spices to achieve uniquely creative dishes. Executive Chef Roy Lamberty utilizes his extensive experience to balance the textures and flavors of his cuisine as perfectly as the designer has balanced the atmosphere and décor throughout the restaurant. Open: Sun.-Thurs. 11 am - 10:30 pm; Fri. & Sat. 11 am - 11 pm.

### **Felice Wine Bar**

1166 First Avenue (Corner of 64<sup>th</sup>)

212-593-2223

[www.felicewinebar.com](http://www.felicewinebar.com)

1593 First Avenue (Corner of 83<sup>rd</sup>)

212-249-4080

[www.feliceynyc.com](http://www.feliceynyc.com)



Come join us in a welcoming and warm neighborhood wine bar and restaurant. Our menu features delicious pastas and entrées. Don't miss our addictive homemade focaccias and crostonis. Our special wine list comes from our partnership with an Italian winery in the heart of Tuscany! Enjoy our seasonal sidewalk Café. Takeout. Open daily: 11 am - 11 pm.

### **The Food Emporium @ Bridgemarket**

401 East 59th Street (Corner of 1<sup>st</sup>)

212-752-5836; Fax: 212-752-5897

e-mail: [36783mgr@aptea.com](mailto:36783mgr@aptea.com)

[www.thefoodemporium.com](http://www.thefoodemporium.com)

We are a full-service, true gourmet food market offering total shopping convenience in a unique landmark atmosphere. Our specialties include: farm fresh produce, outgoing chef-prepared entrées, international cheese, pasta, deli, specialty breads, pastries, fresh meat & seafood, sushi & the Eight O'clock Coffee Café. Orders accepted by phone, fax or e-mail. Open daily: 7 am - 11 pm.

### **Fred Astaire Dance Studio**

328 East 61<sup>st</sup> Street, 5<sup>th</sup> floor (1<sup>st</sup>-2<sup>nd</sup>)

212-209-2410; Fax: 212-209-2414

e-mail: [nyeast@fredastaire.com](mailto:nyeast@fredastaire.com)

[www.fredastairenewyork.co/eastside](http://www.fredastairenewyork.co/eastside)

With more than 60 years' tradition in dance instruction, Fred Astaire Dance studios

provide you with your demand for excellence. We offer private dance lessons for singles or couples, all ages and levels, in an enjoyable and relaxed atmosphere, with professionally certified dance teachers and champion coaches. Our area of expertise includes: Ballroom, Latin, Swing, Argentine Tango and Wedding dance. Don't put it off for another moment— walk in and dance out!

### **Friends of St. Catherine's Park**

First Avenue between 67<sup>th</sup> & 68<sup>th</sup> Streets

212-642-6384

[www.stcatherinespark.org](http://www.stcatherinespark.org)

Friends of St. Catherine's Park (FSCP) is a volunteer neighborhood organization dedicated to the maintenance and beautification of St. Catherine's Park located on First Avenue between 67<sup>th</sup> and 68<sup>th</sup> Streets. FSCP maintains the park gardens and helps keep the playground in good repair. Examples of FSCP improvements include installation of sprinkler system, donation of materials for a park tool shed, rodent control program and more. FSCP also co-sponsors various events for children such as the biannual "It's My Park Day", summer book readings in conjunction with the 67<sup>th</sup> Street branch library, summer yoga classes and the marionette puppet theater.

### **Goldberger's Pharmacy**

*Prescriptions Since 1898*

1200 First Avenue (Corner of 65<sup>th</sup>)

212-734-6998; Fax: 212-734-7333

[www.goldbergerspharmacy.com](http://www.goldbergerspharmacy.com)

All types of Medicines. Prescription Plans accepted. Medicare & Medicaid. Prescriptions compounded & flavored. Home Care & Surgical Supplies, Breast Feeding Pumps & Accessories. Vitamins, Nutritionals, Compression Stockings, Metro Cards. Health & Beauty Aids, European Soaps, Mason Pearson Hairbrushes. Delivery. Open: Mon.-Fri. 8:30 am - 9 pm; Sat. 9 am - 7 pm.

### **Gourmet Garage**

301 East 64<sup>th</sup> Street (1<sup>st</sup>-2<sup>nd</sup>)  
212-535-6271; Fax: 212-535-7476  
e-mail: [ggstore2@aol.com](mailto:ggstore2@aol.com)  
[www.gourmetgarage.com](http://www.gourmetgarage.com)



“Shop like a Chef” at Gourmet Garage. You’ll find Specialty Foods. Local & Internationally sourced Produce, Prepared Food, Baked Goods, Craft Beer & a variety of fine cheeses. Call us about our Phone Delivery Options. Open daily: 7:30 am - 8:30 pm.

### **Guastavino’s**

409 East 59th Street (York-1<sup>st</sup>)  
212-980-2711; Fax: 212-980-4517  
[www.guastavinos.com](http://www.guastavinos.com)



Guastavino’s, a designated New York City interior landmark situated under the 59<sup>th</sup>

Street Bridge, is not available exclusively for private events.

### **Hallak Cleaners**

1232 Second Avenue (64<sup>th</sup>-65<sup>th</sup>)

212-879-4694

e-mail: [info@hallak.com](mailto:info@hallak.com)

[www.hallak.com](http://www.hallak.com)

Hallak Cleaners appreciates your love for our neighborhood and its local businesses.

As an East Sixties resident, you may have passed by the pink Hallak awning. We invite you to step in and meet with one of our friendly, knowledgeable customer service representatives. They would be happy to answer any and all questions regarding our singular approach to fabric care and customers. Don't forget to visit [www.hallak.com](http://www.hallak.com). Free pickup and delivery. Open: Mon.-Fri. 7 am - 6:30 pm; Sat. 8 am - 5 pm.

### **Hartstrings Kids Apparel Center**

1114 First Avenue (60th – 61st)

212-759-7498

email: [nyc@parigigroup.com](mailto:nyc@parigigroup.com)

**Newborn • Infants • Girls 2-6x and 7-16 •  
Boys 2-7 and 8-20**

Since 1979 Hartstrings has played a significant role in helping to shape & define the children's fashion apparel market. The current portfolio of children's licensed

brands includes KC Parker, Paul Frank, Ferrari, Puma, DKNY, Lucky Brand, Nicole Miller and the namesake brands Hartstrings and Kitestings. Open daily: Mon.- Sat. 9 am - 9 pm; Sun. 10 am - 7 pm

### **The Health Nuts**

1208 Second Avenue (63<sup>rd</sup>-64<sup>th</sup>)  
212-593-0116; Fax: 212-593-0227  
e-mail: evababaian@optonline.net

A new expanded ORGANIC DELI & JUICE BAR all the way to 63 street. Tables and counter seating! Expanded Fresh Organic Produce section, Vitamin Discounts & monthly Specials. Complete Lines of Natural Vitamins, Nutritional Supplements and Natural Health & Beauty Aids.  
Open daily: Mon.-Fri. 9 am - 9 pm; Sat. & Sun. 10 am - 8 pm.

Hertz

[www.hertz.com](http://www.hertz.com)



337 E 64<sup>th</sup> (1<sup>st</sup> - 2<sup>nd</sup>)

212-486-5916

Open daily: Mon. - Thurs. & Sat. 6:30 am - 10:00 pm; Fri. & Sun. 6:30 am - 11:00 pm;

335 E 76<sup>th</sup> (1<sup>st</sup> - 2<sup>nd</sup>)

212-486-5929

Open daily: Mon. - Sat. 6:30 am - 10:00 pm;  
Sun. 6:30am - 11:00 pm

The Hertz Corporation is an international rent-a-car company with offices located around the world. Locally the offices are located at 337 E. 64th Street and 355 E. 76th Street. Vehicles available for rental include luxury, 4 x 4s and minivans

### **Honky Tonk Tavern**

1154 First Avenue (63<sup>rd</sup>-64<sup>th</sup>)

212 207-8550.

[www.honkytonktavernnyc.com](http://www.honkytonktavernnyc.com)

The Honky Tonk Tavern brings a touch of the South to the Upper East Side. A cowboy bar with an exciting combination of Tex/Mex cuisine and a little bit of BBQ—a perfect fit with the neighborhood’s ever expanding food palate. We offer you a first rate dining experience with some down home recipes, comfort food and a little bit of fun thrown in for good measure! For those who love a craft beer, we have 14 on tap and a fine selection in bottles. We also offer premium frozen margaritas in a fresh array of flavors and an expansive inventory of top tequilas. Saddle Up Partner! Open Daily.

### **Hospital for Special Surgery**

535 East 70<sup>th</sup> Street (East of York)

212-606-1000

[www.hss.edu](http://www.hss.edu)

Hospital for Special Surgery is the world leader in orthopedic and rheumatology patient care, research and education. Ranked No. 1 in the U.S. for orthopedics and No. 3

in rheumatology by *U.S. News & World Report*, HSS was the first New York City Hospital to receive Magnet Recognition for Excellence in Nursing Service from the American Nurses Credentialing Center for the third consecutive time. Its Research Division is internationally recognized as a leader in advancing musculoskeletal medicine through scientific investigation. An academic teaching hospital, HSS is an affiliate of the New York-Presbyterian Healthcare System and Weill Cornell Medical College.

## **Il Vagabondo**

351 East 62<sup>nd</sup> Street (1<sup>st</sup>-2<sup>nd</sup>)

212-832-9221

[www.ilvagabondo.com](http://www.ilvagabondo.com)



New York's only authentic Italian restaurant with an indoor bocce court. Features Northern Italian dishes and other seasonal specialties. Over 40 years of fine food and service. Private rooms for parties up to 75. Open daily: Lunch: Mon.-Fri. noon - 3 pm; Dinner: Mon.-Sun. 5:30 pm - 11 pm.

## **Isle of Capri**

1028 Third Avenue (Corner of 61<sup>st</sup>)

212-223-9430

e-mail: [info@isleofcapriny.com](mailto:info@isleofcapriny.com)

[www.isleofcapriny.com](http://www.isleofcapriny.com)

Upscale Italian cooking served in an "old world" atmosphere. Extensive menu including delicious

seafood, beef, chicken, veal and fresh pasta dishes. Seasonal specials. Family owned and operated since 1955. Enclosed sidewalk café. Private Party Room for up to forty-five guests. All major credit cards. Open: Mon.-Sat. 11:30 a.m. - 10 pm.

### **John & Tony's Pizzeria, Trattoria & Cafe**

1097 First Avenue (Corner of 60<sup>th</sup>)

212-371-4965; Fax: 212-750-6480

Pizza by the slice in this old-fashioned self serve pizzeria. Table service available in the very cozy rear dining room. Full menu prepared with the finest ingredients. Delivery service. Open daily: Mon.-Thurs. 10 am - 4 am; Fri. & Sat. 11 am - 5 am; Sun. 11 am - 2 am.

### **Just Bulbs**

220 East 60th Street (2<sup>nd</sup>-3<sup>rd</sup>)

212 888-5707; Fax: 212-888-5704

e-mail: [sales@justbulbsnyc.com](mailto:sales@justbulbsnyc.com)

[www.justbulbsnyc.com](http://www.justbulbsnyc.com)



Serving the neighborhood residents and businesses with light bulbs of every description for every application both energy efficient and not. Providing installation and repair services and providing consultation to optimize lighting conditions. Open daily: Mon.-Sat. 10 am - 7 pm; Sun. noon - 6 pm.



## **Lighthouse International**

*Sol and Lillian Goldman Building*

111 East 59<sup>th</sup> Street (Park-Lex)

212-821-9200; Fax: 212-821-9702

TTY: 212-821-9713

[www.lighthouse.org](http://www.lighthouse.org)



Founded in 1905, Lighthouse International is a leading non-profit organization dedicated to fighting vision loss through prevention, treatment and empowerment. It achieves this through clinical and rehabilitation services, education, research and advocacy. For more information about vision loss and its causes or to make an appointment, contact Lighthouse International at 1-800-829-0500 or visit [www.lighthouse.org](http://www.lighthouse.org)

## **Little Picasso**

313 East 61<sup>st</sup> Street (1<sup>st</sup>-2<sup>nd</sup>)

646-559-1588

e-mail: [isabella@littlepicassonyc.com](mailto:isabella@littlepicassonyc.com)

[www.littlepicassonyc.com](http://www.littlepicassonyc.com)



With different colors, photos, crafts, shapes, dough, texture, animals, cut and paste, sculpting, drawing, sketching, and much more! Our Art Classes are designed to help your little artists discover the inner Picasso in them while allowing their own unique personality to flourish and thrive.

## **Manhattan Best Realty-Nancy Sepe**

346 East 62<sup>nd</sup> Street, Suite 1 (1<sup>st</sup>-2<sup>nd</sup>)

212-759-7700; 917-693-0043; Fax: 212-

759-7788

e-mail: [nancys@ManhattanBestRealty.com](mailto:nancys@ManhattanBestRealty.com)  
[www.ManhattanBestrealty.com](http://www.ManhattanBestrealty.com)



No one knows the real estate market in the ESNA neighborhood like Nancy Sepe, a lifelong resident of the East 60s. If you are looking to sell, buy or rent an apartment, call Nancy Sepe. Licensed real estate broker.

**Manhattan Eye, Ear & Throat Hospital**

*A Division of North Shore/LIJ Lenox Hill Hospital*

210 East 64<sup>th</sup> Street (2<sup>nd</sup>-3<sup>rd</sup>)

212-838-9200

ENT & Eye Appointments: 212-702-7700

[www.lenoxhillhospital.org](http://www.lenoxhillhospital.org)

Manhattan Eye, Ear & Throat Hospital (MEETH) offers specialty outpatient services in the areas of eye, ear nose and throat (ENT), hearing and pain management. The Ambulatory surgery program includes ophthalmology (including cataracts), ENT, orthopedics, and plastics. The focus at MEETH is delivering the highest quality care while providing a patient experience that is second to none.

**Manhattan Mini Storage**

420 East 62<sup>nd</sup> Street (1<sup>st</sup> -York)

212 838-3670

[www.manhattanministorage.com](http://www.manhattanministorage.com)



In business for over 30 years, Manhattan Mini Storage has been voted the best storage company in NYC by *New York Magazine*. We achieved a 5 Star Rating. We offer an immaculate facility where you have

unlimited access. Our many features and benefits include: off street parking, air conditioned floors, package acceptance and, while a guest with us, free use of a driver and storage shuttle to transport your items to or from the facility within Manhattan. We also sell packing supplies. So whether you need a personal closet for 12 to 15 boxes or a room to accommodate the contents of a 2-bedroom apartment, we have all of your needs. Feel free to stop by anytime for a tour of the facility. Open: 24/7

### **Manhattan Wine Xchange**

1079 Third Avenue (63<sup>rd</sup>-64<sup>th</sup>)

212-832-1144; Fax: 212-832-6815

e-mail: [hlong@manhattanwinexchange.com](mailto:hlong@manhattanwinexchange.com)

[www: manhattanwinexchange.com](http://www.manhattanwinexchange.com)



Boutique wine shop specializing in smaller-production wines and grower champagnes. Many wines \$15 and under, many organic. Free in-store wine tastings Wed., Thurs., Fri., 5 - 8 pm.

We have spirits, too. Mixed-case discounts, gift services and private events! Free neighborhood delivery. Open daily: Mon.-Sat. noon - 9 pm; Sun. noon - 7 pm.

### **▲ Manny's Optical**

1101 First Avenue (60<sup>th</sup>-61<sup>st</sup>)

212-759-5990; Fax: 212-759-5991

[www.Mannysopticalnyc.com](http://www.Mannysopticalnyc.com)

Licensed Optician • Duplicate Rx • 1 Hour Service • Motor Vehicle Test • Wide

Selection of Designer Frames • Offer  
Discount on most Insurance Plans • Show  
your ESNA Membership Card and get an  
Additional Discount. Open daily: Mon.-Fri.  
9 am - 7 pm; Sat. 10 am - 5 pm; Sun. 11 am  
- 4 pm.

## **Marché du Sud**

*“French Pizza for the Upper Crust”*

1136 First Avenue (62<sup>nd</sup>-63<sup>rd</sup>)

212-207-4900; Fax: 212-207-4922

e-mail: [info@marchédusud.com](mailto:info@marchédusud.com)

[www.marchédusud.com](http://www.marchédusud.com)



Inspired by markets of the Mediterranean region and their gastronomic specialties. We are a gourmet French market, restaurant, bakery and wine bar all under one roof. Our product line includes homemade croissants, breads, pastries and tarts, a great selection of fine cheeses and charcuterie; too many French-market items to list! And our specialty is nine variations of French pizza. Serving breakfast, lunch and dinner. Outdoor dining in our rear garden. Delivery. Open daily: 7 am - 11 pm.

## **The Martha Graham School of Contemporary Dance**

*The oldest internationally acclaimed dance school in America.*


316 East 63rd Street (1<sup>st</sup>-2<sup>nd</sup>)

212-838-5886; Fax: 212-838-0339

55 Bethune Street, 11<sup>th</sup> Floor

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[www.esna-nyc.net](http://www.esna-nyc.net)

(@Washington Street)  
212-229-9200 x 30  
e-mail: [info@marthagraham.org](mailto:info@marthagraham.org)  
[www.marthagraham.org](http://www.marthagraham.org)  
 Martha Graham School

Daily classes at all levels—for adult beginners taking classes purely for pleasure, for children as young as four, for teens (year-round and summer intensive) and for dance students interested in pursuing a professional career. Also Pilates classes, yoga, and Graham workout for everyone. Studio rental and much more.



### **Mediterraneo**

1260 Second Avenue (Corner of 66<sup>th</sup>)  
212-734-7407  
[www.mediterraneonyc.com](http://www.mediterraneonyc.com)

Florentine restaurant with very friendly service. Salads, carpaccio, pasta, thin-crust pizza, grilled meats and fish, delicious desserts, liquor and fine wines. Outdoor dining, weather permitting. Delivery from 5 pm -10 pm. Open daily: noon - midnight.

### **Memorial Sloan-Kettering Cancer Center**

1275 York Avenue (67<sup>th</sup>-68<sup>th</sup>)  
212-639-2000  
[www.mskcc.org](http://www.mskcc.org)

 [.com/sloankettering](https://www.facebook.com/sloankettering)  
 [.com/sloan\\_kettering](https://twitter.com/sloan_kettering)

Memorial Sloan-Kettering Cancer Center is the world's oldest and largest private

institution devoted to prevention, patient care, research, and education in cancer. Contact the Physician Referral Service: 800-525-2225 for information on treatment and diagnosis or for referral to a Memorial Hospital physician.

### **Merchants NY Cigar Bar**

1125 First Avenue (Corner of 62nd), Lower Level

212 832-4610; Fax: 212-832-4613

e-mail:

[marketing@merchantshospitality.com](mailto:marketing@merchantshospitality.com)

[www.nyccigarbar.com](http://www.nyccigarbar.com)



@merchantscigar

Merchants NY Cigar Bar offers premium cigars, along with the finest single malt scotches, bourbons, cognacs, and ports, as well as a discerning selection of over 30 wines by the glass and a host of signature cocktails. A working fireplace, lit throughout the year, provides the ambiance as well as a warm, relaxed setting. Menu selection includes Spicy Ahi Tuna Tartare, Maine Lobster Roll Sliders, Prime NY Strip Steak and Prime Bone-In Ribeye Steak. Inquire about catering, private parties and leasing a private humidor. Open daily: 5 pm - 4:30 am. Proper attire required.

### **MOTI MAHAL DELUX**

1149 First Avenue (Corner of 63<sup>rd</sup>)

212 371-3535

email: [contact@motimahaldelux.us](mailto:contact@motimahaldelux.us)

[www.motimahaldelux.us](http://www.motimahaldelux.us)

Many decades after the founding of Moti Mahal Delux in Delhi, India, the success continues to be driven by the adherence to its core values— to deliver the highest quality of food, to offer great flavor, visual variety, and outstanding value for price. With a worldwide trend towards ethnic cuisine, Moti Mahal Delux leads the way in the Indian food revolution. Moti Mahal Delux offers recipes that are distinguished principally by inventive flavor combinations and the finesse of ‘Mughlai’ cuisine, a "bargain in any neighborhood for food that provides a surprising flavor of luxury" - The New York Times, 2 Stars. Delivery. Open daily: Lunch noon - 3:00 pm; Dinner 5:00 pm - 11:00 pm.

### **Mount Vernon Hotel Museum and Garden**

421 East 61st Street (York-1<sup>st</sup>)

212-838-6878; Fax: 212-838-7390

e-mail: [info@mvhm.org](mailto:info@mvhm.org)

[www.mvhm.org](http://www.mvhm.org)



The museum transports the visitor back to the 1830s when the building was known as the Mount Vernon Hotel, a popular country resort for New Yorkers seeking to escape the crowded city. The eight period rooms are furnished with 19th century decorative arts, and an Orientation Center features changing exhibits on New York history. Admission: \$8 adults, \$7 students/seniors, museum members and children under 12 free. Open: Tues.-Sun. 11 am - 4 pm. Closed on Mondays and on all major holidays.

## ▲ My Gym


*We keep children healthy by making fitness fun!*

250 East 60<sup>th</sup> Street (2<sup>nd</sup>-3<sup>rd</sup>)

212-421-9496

e-mail: [uppereast60@mygym.com](mailto:uppereast60@mygym.com)

[www.mygymmanhattan.com](http://www.mygymmanhattan.com)

 [.com/mygymues](https://www.facebook.com/mygymues)

My Gym Children's Fitness Center on the Upper East Side has an extraordinary program and facility devised to help children 6 weeks thru 10 years of age develop physically, cognitively and emotionally. Our gym offers structured, age-appropriate, weekly classes that incorporate music, dance, relays, games, special rides, gymnastics, sports and more. Children have loads of fun as they gain strength, balance, coordination, agility and flexibility while developing social skills, confidence and self-esteem. Our state-of-the-art clean facility, extensively trained staff, award-winning class programs, and excellent student/teacher ratio have earned My Gym the reputation as the best early learning program of its kind. Come visit us for a free trial class or contact us to book your child's special birthday party. Mention ESNA and receive \$25 off your membership fee.

## Neely's Barbecue Parlor

1125 First Avenue (Corner of 62nd)

212-832-1551; Fax: 212-832-4613

e-mail: [srudemyer@neelysbbqparlor.com](mailto:srudemyer@neelysbbqparlor.com)

[www.neelysbbqparlor.com](http://www.neelysbbqparlor.com)



  @neelysbbqparlor

Bringing the irresistible taste of barbecue and good old Southern comfort to the Upper East Side, the menu includes recipes from Pat and Gina Neely, like delectable Smoked Onion Hushpuppies, Memphis Style Baby Back Ribs, Blackened Catfish and Cedar Plank Salmon. The drink list is literally overflowing with craft cocktails, "adult" punches, and plenty of good bourbon and beers. The unique space allows you to choose from several different dining areas that flow effortlessly into one another. Inquire about our catering and private parties. Open: Mon -Tues: 4:00pm-11:00pm, Wed-Fri: 12:00pm-11:00pm, Sat: 11:00am-11:00pm, Sun: 11:00am-10pm.

### **New York Blood Center**

310 East 67th Street (1<sup>st</sup>-2<sup>nd</sup>)

1-800-933-BLOOD (2566)

[www.nybloodcenter.org](http://www.nybloodcenter.org)



New York Blood Center's mission is to ensure over 200 metro area hospitals have the lifesaving blood components they need to help save patient lives. NYBC urges all those who are eligible to Give Blood and Save a Neighbor. Please call our 800 number or check our website for available appointments.

### **New York-Presbyterian Hospital/ Weill Cornell Medical Center**

525 East 68th Street (East of York)  
General Information: 212-746-5454  
Physician Referral: 877-NYP-WELL  
Hospital: [www.nyp.org](http://www.nyp.org)

New York-Presbyterian/Weill Cornell Medical Center, is one of the leading academic medical centers in the world, comprising the teaching hospital New York-Presbyterian and Weill Cornell Medical College, the medical school of Cornell University. New York-Presbyterian/Weill Cornell provides state-of-the-art inpatient, ambulatory and preventive care in all areas of medicine, and is committed to excellence in patient care, education, research and community service. For more information visit [www.nyp.org](http://www.nyp.org)

### **Nicolo Melissa Antiques**

317B East 64<sup>th</sup> Street (1<sup>st</sup>-2<sup>nd</sup>)

917-409-0199 | 347-825-7027

e-mail: [info@nicolomelissaantiques.com](mailto:info@nicolomelissaantiques.com)

[www.NicoloMelissaAntiques.com](http://www.NicoloMelissaAntiques.com)



Gallery of fine European antiques and important works of art. Featuring a selection of ‘**museum quality**’ Art, Furniture, Sculpture, Décor, & Lighting dating from 1<sup>st</sup> AD to 19<sup>th</sup> century. Antique appraisals. We buy & sell! Open: Mon.-Fri, 10 am-6 pm; Sat & Sun hours vary.

### **The Nuaa Restaurant**

*Nuaa is Thai for “Tasty and Delicious”*

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[www.esna-nyc.net](http://www.esna-nyc.net)

1122 First Avenue (61<sup>st</sup> -62<sup>nd</sup>)  
212-888-2225

We serve authentic Thai food with an artistic, modern presentation and an emphasis on fresh seasonal produce. Our dishes are a treat for your eyes and your palate. Exclusive Chef Pitipong brings 20 years of experience with American, Thai and Continental cuisine. He uses hard-to-find herbs and spices to prepare ancient Thai Royal Family recipes for the families of the East 60s. Chef's recommendations include "Purple Blossom Dumplings," "Banana Blossom Salad" "Basil Butter Poached Lobster" and "Short Ribs Massaman Curry". Open daily: Mon.-Thurs. 11:30 am - 3 pm and 4:30 pm – 10:45 pm; Fri. 11:30 am - 3 pm and 4:30 pm – 11:45 pm; Sat. 11:30 am - 11:45 pm; Sun. 11:30 am -10:45 pm

### **O'Flanagans**

1215 First Avenue (65<sup>th</sup>-66<sup>th</sup>)  
212-439-0660

[www.oflanagans.com](http://www.oflanagans.com)



Restaurant and Bar. Lunch & dinner 7 days a week, brunch on weekends. Live music & dancing weekly. Happy hour 4-7 pm. Offering a wide variety of dishes from steaks to seafood to burgers, in a warm and friendly atmosphere. Three walls of flat panel wide screen TV to view all the games. Private parties. O'Flanagans was the spot Mayor Mike Bloomberg picked to celebrate his 1<sup>st</sup> Thanksgiving in NYC back in 1966! Open daily: 11 am - 4 am.

## **Paraklete Home Health Care**

235 East 62<sup>nd</sup> Street - Suite 4

212-751-6315; Fax: 646-435-1150

Email: [admin@parakletehomehealthcare.com](mailto:admin@parakletehomehealthcare.com)

[www.parakletehomehealthcare.com](http://www.parakletehomehealthcare.com)

Paraklete, a licensed, locally owned care agency, provides outstanding home companion services for the Upper East Side community. Our certified care givers, carefully chosen from this area, have the skills and nurturing demeanor to provide you with the kind of personal service you value. We can be reached: Monday through Friday 9:00 am to 5:00 pm

## **Park Avenue Armory**

643 Park Avenue (66<sup>th</sup>-67<sup>th</sup>)

212-616-3930

[www.armoryonpark.org](http://www.armoryonpark.org)



Park Avenue Armory is a new not-for-profit arts institution dedicated to work that requires the freedom of the historic Armory's vast drill hall and its constellation of magnificent Aesthetic Movement period rooms. Filling a crucial niche in the cultural landscape of New York City, Park Avenue Armory catalyzes productions best realized in a non-traditional setting. For more information or to schedule a tour of the Armory, call 212-616-3937.

## **Patsy's Pizzeria**

1279 First Avenue (Cor. 69 St.)

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[www.esna-nyc.net](http://www.esna-nyc.net)

212-639-1000

[www.patsyspizzerianewyork.com](http://www.patsyspizzerianewyork.com)

In the early 1900s, working in the Salumeria of Little Italy, Patsy's lancieri perfected "New York style pizza." Over 60 years later, Patsy's Pizzerias still proudly serve his famous "old world" style pizza throughout the city. On the Upper West Side: 1697 Broadway (Angelo's Pizza, 212 245-8811).

### **Peter's Hair Styling**

1192 First Avenue (64<sup>th</sup>-65<sup>th</sup>)

212-535-9546

Peter has been in the neighborhood for 48 years and runs a good old-fashioned barbershop. He has 3 barbers and a manicurist. You can still get a shave and a trim. Open: Mon.-Fri. 8:30 am - 6 pm; Sat. 8:30 am - 5:30 pm.

### **The Pilates Movement**

210 East 68 Street—Suite 1G

212-452-0540

d-mail: [info@pilatesmovementnyc.com](mailto:info@pilatesmovementnyc.com)

[www.pilatesmovementnyc.com](http://www.pilatesmovementnyc.com)



Pilates method of body conditioning. Private, semi-private and group instruction. Max 4 students in each group class. All certified instructors. Each student gets attention in all group classes.

### **Primola Restaurant**

44

[www.esna-nyc.net](http://www.esna-nyc.net)

1226 Second Avenue (64<sup>th</sup>-65<sup>th</sup>)  
212-758-1775

Fine Italian cuisine. Sidewalk café.  
Open daily: Lunch Mon.-Fri. noon - 3 pm;  
Dinner Mon.-Sun. 5 pm - 11 pm.

### **P.S. 183 Parent Teachers Association**

419 East 66th Street (York-1st)

212-734-7719

PTA: ext. 2050; Parent Coordinator: ext. 2042

School: [www.ps183.org](http://www.ps183.org)

Flea Market Contact: Bobby Detroia, Manager  
917-755-5663

P.S. 183 educates more than 600 children in Kindergarten through Grade 5. The PTA supplements and funds many of the school's programs, including but not limited to, classroom libraries, science, music, art, physical education and technology initiatives. It holds fund-raisers, charity drives, educational workshops, and special events for its diverse, international parent community. A principal means of support is an Antiques Flea and Farmers' Market. The market is open every Saturday from 8 am - 6 pm. Enter from 66<sup>th</sup> or 67<sup>th</sup> Streets between First and York Avenues.

### **PS 267 PTA**

East Side Elementary School

213 East 63 Street

212-888-7848

[www.ps267.org](http://www.ps267.org)

East Side Elementary School, PS 267, was established in 2010 and offers Pre-K through 3rd grade for the 2013-2014 school year. We will eventually have Pre-K through fifth grade and will continue to add one grade per year until our school is complete.

East Side Elementary School, PS 267 moved to its own building in September 2012 at 213 East 63rd Street, between Second and Third Avenues. Located in a beautiful Italianate 1917 structure, the building was recently transformed into the first public school in New York City to achieve compliance with the new sustainable design standards mandated by the City Council for all public construction, providing a bright, modern learning environment. In addition to five levels of classrooms and administrative space, our building features large elevators, a cafeteria, rooftop gym/auditorium and outdoor space.

The East Side Elementary School, PS 267 PTA, continues to help support the school's growth and expand its educational opportunities. Contributions support the school in a variety of ways, including enrichment programs, cultural partnerships, recess program, student materials, equipment, technology and professional development for our teachers throughout the year. Please visit [www.ps267.org](http://www.ps267.org) for more information.

### **Regency Cleaners**

1203 Second Avenue (63<sup>rd</sup>-64<sup>th</sup>)  
212-758-1204

Same-day service for all types of cleaning • Expert tailoring on the premises • Hand pressing of ladies' and men's shirts • Winter storage. Open: Mon.-Fri. 7 am - 7 pm; Sat. 8 am - 6 pm.

### **Ritz Diner**

1133 First Avenue (Corner of 62<sup>nd</sup>)  
212-319-4993; Fax: 212-421-2640  
Classic American diner. Comfort food served in a comfortable, friendly

Ronald McDonald House provides a temporary home to families who travel to NYC seeking pediatric cancer treatment for their children at the top New York Hospitals. We offer a strong, supportive and caring environment which encourages and nurtures the development of child-to-child and parent-to-parent support systems. Every day, children form friendships with other children, and through these bonds, regain a sense of control and experience the fun of childhood. Parents also gain strength and new understanding through the friendships they form with other parents who understand exactly how they feel.

### **Ruby & Jacks Doggy Shack**

1146 2<sup>nd</sup> Avenue (60<sup>th</sup>-61<sup>st</sup>)  
212-840-3644; Fax: 212-759-3155  
[www.rubyandjacks.com](http://www.rubyandjacks.com)





Ruby & Jack's Doggy Shack is an oasis for dogs & cats. We offer slumber care, play care, walking, puppy and cat sitting, training, transPETation, grooming, and cat boarding with loving tenderness. We welcome you and your furry friend to stop in for a tour of our new, amazing Doggy Shack. Staffed 24/7/365. Lobby Hours: Mon.-Fri. 7:00 am – 9:00 pm; Sat. & Sun. 8:00 am – 9:00 pm.

### **Running Paws Athletic Club**

1105 First Avenue (60<sup>th</sup>-61<sup>st</sup>)

212-317-1222

e-mail: [club@runningpaws.com](mailto:club@runningpaws.com)

[www.runningpaws.com](http://www.runningpaws.com)

Running Paws Athletic Club is a 5,000 square-foot dog-care facility. Providing the Upper East Side with exceptional dog care, including dog daycare, boarding, and grooming services. Our daycare and boarding are 100% cage-less, and only dog-friendly dogs are allowed to come play! Free membership coupled with award-winning service, named CitySearch's Best Pet Care Service in New York City, makes Running Paws the clear choice. Open daily: Mon.-Fri. 7 am - 8:30 pm; Sat. & Sun. 8:30 am - 6:30 pm.

### **Salon Capello**

1264 Second Avenue (66<sup>th</sup>-67<sup>th</sup>)

212-734-3388

[www.saloncapellonyc.com](http://www.saloncapellonyc.com)



We have a well-educated, up-to-date staff, specializing in highlighting, color, body waves, texturizing, styling and reconstruction treatments. We also have free consultations. Open: Mon.-Wed. & Fri. 9 am - 7 pm; Thurs. 9 am - 6 pm; Sat. 9 am - 5 pm. Closed Sunday.

### **Sam's Shoe Repair/Mike's Watch & Jewelry Repair**

330 East 65th Street (1<sup>st</sup>-2<sup>nd</sup>)  
212-861-2278

“Shoe Repairing While You Wait.” Expert care and repair of shoes, boots, luggage, handbags, briefcases, and many other items made of leather. Orthopedic shoes our specialty. We also put the zip back in your jammed zippers. Open: Mon.-Fri. 7:30 am - 6:30 pm; Sat. 8:00 am – 5:00 pm.

▲ Skilled watch & jewelry repair professional on premises—ask for Mike at 212-717-9359— offering a special discount of 40% for senior citizens! Open: Mon.-Fri. 9:30 am - 6 pm; Sat. 10 am - 5 pm.

### **Serena's Wine Bar & Cafe**

1268 Second Avenue (66<sup>th</sup>-67<sup>th</sup>)  
212-988-2646  
[www.serneanyc.com](http://www.serneanyc.com)  
[info@serenany.com](mailto:info@serenany.com)

Serena means calm, peaceful, speaks her mind, makes great friends & good choices. Serena means beautiful and kind in all ways. Serena's serves you various and high-quality tapas from American, Turkish, Greek,

Spanish, French and Italian kitchens. Great selection of international wines. Let us host your special events from birthdays and anniversaries with an extensive menu of wines & continental tapas. Outdoor seating. Open daily: 12 Noon - 11 pm.

### **Serendipity 3**

225 East 60th Street (2<sup>nd</sup>-3<sup>rd</sup>)

212-838-3531

[www.serendipity3.com](http://www.serendipity3.com)



Tucked into a cozy brownstone, Serendipity 3 is the quintessential American soda fountain that still reigns supreme after over 57 years. Happy people gather at marble-topped ice-cream parlor tables for burgers and foot-long hot dogs, country meat loaf with mashed potatoes, salads, sandwiches and pastas. The restaurant's signature is Frozen Hot Chocolate, but other crowd pleasers include dark double devil mousse, celestial carrot cake, lemon icebox pie, and anything with hot fudge. Serendipity 3 is a charmer appreciated by adults and kids alike. Open daily: Mon.-Thurs. 11:30 am - midnight; Fri. 11:30 am - 1 am; Sat. 11:30 am - 2 am; Sun. 11:30 am - midnight.

### **Silver Star Restaurant**

1238 Second Avenue (Corner of 65<sup>th</sup>)

212-249-4250/4506; Fax: 212-734-7530

Since 1965, this well-known diner with a friendly atmosphere has offered quality food at reasonable prices. The comprehensive

menu features seafood, pasta and Greek specials, and great desserts. Fast service. A neighborhood institution. Delivery. Open Daily: Sun.-Thurs. 6 am-midnight; Fri.& Sat. 24 hours.

### **Sutton Pizza & Gyro Italian Restaurant**

1140 First Avenue (62<sup>nd</sup>-63<sup>rd</sup>)

212-838-5080/5081

Seamless Web



Pizza • Pasta & other Italian entrées • Gyros  
• Hot & cold heroes • Salads—including  
Chef & Greek • Antipasto • Soup • Beer,  
soda, hot chocolate • Catering • Fast &  
prompt delivery. Open daily: Mon.-Thurs.  
11 am - midnight; Fri.-Sat. 11 am – 2:00 am;  
Sun. noon - midnight.

### **Taffard Fabrics**

317 East 64th Street (1<sup>st</sup> & 2<sup>nd</sup>)

T: 212-213-4670; Fax 917-591-3348

e-mail: [taffard@taffard.com](mailto:taffard@taffard.com)

[www.taffard.com](http://www.taffard.com)

### **To The Trade**

Established in 2003, Taffard Fabrics is a family owned company headquartered in New York City that designs, manufactures and distributes fine fabrics for residential and commercial use. Our collection includes embroideries, plaids, stripes, linens, cottons, velvets, treviras, sheers, prints and others. Our team is constantly driving innovation with our products and inspirational designs.

We invite you to visit our New York City showroom or on the web at [www.taffard.com](http://www.taffard.com). We are open M-F from 10:00 am - 5:00 pm or by appointment.

## **TD Bank**

*America's Most Convenient Bank*<sup>®</sup>  
1091 Third Avenue (Corner of 64<sup>th</sup>)  
212-753-2467; Fax: 212-753-2484  
1-888-751-9000

1240 First Avenue (Corner of 67<sup>th</sup>)  
212-288-1167; Fax: 212-288-0829  
1-888-751-9000

TD Bank, America's Most Convenient Bank<sup>®</sup> is one of the 10 largest banks in the United States, and provides Customers with a full range of financial products and services at more than 1,300 convenient locations from Maine to Florida. Notary available at all locations. Hours: Mon.-Fri. 7:20 - 7:10 pm; Sat. 7:10 am – 4:10 pm; Sun. 10:50 – 3:10 pm.

## **Tiella Restaurant**

1109 First Avenue (60<sup>th</sup>-61<sup>st</sup>)  
212-588-0100; Fax: 212-588-0102  
e-mail: [info@tiellanyc.com](mailto:info@tiellanyc.com)  
[www.tiellanyc.com](http://www.tiellanyc.com)



Tiella is a modern southern Italian restaurant, serving an inspired menu of

peasant culinary traditions in an elegant and relaxing ambience with Italian decor. Open: Lunch Mon.-Fri. noon - 3 pm; Dinner Mon.-Sat. 5pm - 11 pm; Sun. 5 pm -10 pm.

### **Tony's Di Napoli**

1081 Third Avenue

212-888-6333

e-mail: [bruce@tonysnyc.com](mailto:bruce@tonysnyc.com)

[www.tonysnyc.com](http://www.tonysnyc.com)

We are so happy to back on the East Side, and thrilled to see so many of our old friends. We're busy making new friends with our **NEW ½ SIZE PORTION MENU**. Lunch and dinner is now being served 7 days a week starting at 11:30. Of course we still have our private dining rooms with the best party packages in town. Corporate catering and delivery are also available.

We're back and we're offering the tastiest, traditional family style Italian food and service you can find in New York.

Free neighborhood delivery.

Hours: Sun & Mon 11:30-11:00; Tues.-Thurs. 11:30-11:30; Fri & Sat 11:30 - 12:00

### **Top Nail**

326 East 65th Street (1<sup>st</sup>-2<sup>nd</sup>)

212-535-0544

Manicures • Silk wrapping • UV Gel •  
Pedicures • Waxing • Facials • Eyelash silk  
permanent • Tinting • Tattoo • Massage • Ear  
Candling • Gift certificates • Credit Cards

Accepted. Open: Tues.-Fri. 10 am - 8 pm; Sat. 9:30 am - 7:30 pm; Sun. 10 am - 6 pm.

### **Tower Chemists Pharmacy**

1219 First Avenue (65<sup>th</sup>-66<sup>th</sup>)

212-628-1900; Fax: 212-628-7200

e-mail: [towerchemists@gmail.com](mailto:towerchemists@gmail.com)

[www.towerchemists.com](http://www.towerchemists.com)

Tower Chemists Pharmacy has been your neighborhood pharmacy for over 60 years. With so many chain stores around, why use us you ask? Tower has the friendly feel of a mom and pop store which we take pride in. Not only do we fill prescriptions, we stock hard to find beauty products as well as toys by Melissa & Doug. We carry a large inventory of surgical supplies and offer free delivery throughout Manhattan. We look forward to assisting you with all your needs. Open: Mon.-Fri. 9 am - 7 pm; Sat. 10 am - 5 pm.

### **The UPS Store**

1173A Second Avenue (61<sup>st</sup>-62<sup>nd</sup>)

212-832-1390; Fax: 212-832-1586

e-mail: [store0647@theupsstore.com](mailto:store0647@theupsstore.com)

[www.theupsstorelocal.com/0647](http://www.theupsstorelocal.com/0647)

Private mailbox rentals & mail forwarding •  
Packages shipped via UPS • Authorized  
shipping outlet, U.S. Postal Services • Full  
service packing, packaging supplies, moving  
supplies • Notary • Passport photos •  
Printing services • Scans, Copying, Faxing •  
Shredding • Messenger Service

Open: Mon.-Fri. 8:00 am – 8:00 pm; Sat.  
10:00 am – 6:00 pm

326 East 65<sup>th</sup> Street (1<sup>st</sup>-2<sup>nd</sup>)  
212-535-3325; Fax: 212-535-3380  
e-mail: [store1083@theupsstore.com](mailto:store1083@theupsstore.com)  
[www.theupsstorelocal.com/1083](http://www.theupsstorelocal.com/1083)

Open: Mon.-Fri. 8:00 am – 8:00 pm; Sat.  
10:00 – 6:00 pm

208 East 51st Street (2<sup>nd</sup>-3<sup>rd</sup>)  
212-753-4800; Fax: 212-753-4804  
e-mail: [store0745@theupsstore.com](mailto:store0745@theupsstore.com)  
[www.theupsstorelocal.com/0745](http://www.theupsstorelocal.com/0745)

Open: Mon.-Fri. 8:00 am – 9:00 pm; Sat.  
10:00 am – 6:00 pm. Last Air Pick-up – 8:30  
pm at this location.

### **VitaHealth Apothecary**

1235 First Avenue (66<sup>th</sup>-67<sup>th</sup>)  
212-628-1110; Fax: 212-628-1117

1609 Second Avenue (83<sup>rd</sup> - 84<sup>th</sup>)  
212-772-1110

Full-line pharmacy and all prescription plans accepted. We are happy to meet any special medication needs that you may have. Natural, organic and nontoxic Health and Beauty needs. Vitamins, surgicals and fertility medicines. Free delivery anywhere in Manhattan.. Open: Mon.-Fri. 8:30 am - 8 pm; Sat. 9:30 am – 7 pm.

### **Weill Cornell Medical College**

1300 York Avenue, New York, NY 10065



212-746-5454

[www.weill.cornell.edu](http://www.weill.cornell.edu)



Weill Cornell Medical College, Cornell University's medical school located in NYC, is committed to excellence in research, teaching, patient care and the advancement of the art and science of medicine, locally, nationally and globally. Physicians and scientists of Weill Cornell Medical College are engaged in cutting-edge research from bench to bedside, aimed at unlocking mysteries of the human body in health and sickness and toward developing new treatments and prevention strategies. Weill Cornell Medical College is affiliated with New York-Presbyterian Hospital, where its faculty provides comprehensive patient care at New York-Presbyterian Hospital/Weill Cornell Medical Center. For more information, visit [www.weill.cornell.edu](http://www.weill.cornell.edu)

### **Whiskey & Wine Off 69**

1321 Second Ave. (69<sup>th</sup> -70<sup>th</sup>)

212-585-0005

[www.whiskeyandwineoff69.com](http://www.whiskeyandwineoff69.com)



To Pour: That's the Spirit, One More Time Back in the day, spirits dominated in liquor stores. Then wine took over, leaving little shelf space for the vodka and Scotch. Now we've come full circle: at the new Upper East Side shop owned by Frank Giresi, the owner of [Bowery & Vine](#), nearly half the space is filled with spirits and cocktail ingredients and gear. You will find few vodkas or big national brands, but a lot of

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craft distillers, especially from New York State, and many gins. Beth von Benz, the wine consultant, said she also emphasized New York State wines and those ready to drink. Open daily: Mon. – Thu. 11:00 am – 10 pm; Fri.-Sat. 11 am – 8:00 pm; Sun. noon – 8:00 pm.

### **Wing Bistro**

1109 First Ave. (60<sup>th</sup>-61<sup>st</sup>)

917-475-1153

[www.WingBistroNYC.com](http://www.WingBistroNYC.com)



Don't be fooled by the name!!! We're not just wings! We offer burgers, salads, wraps, seafood, Mexican....everything made fresh to order. If you are in the mood for wings, choose one or more of our 14 delicious sauces. Dine in, take out or get it delivered free. Open: Mon.-Sun. 11 am – 10 pm.

### **YOGI BEANS Kids' Yoga Studio**

1018 Lexington Ave, 2FL (72<sup>nd</sup> -73<sup>rd</sup>)

212-585-BEAN (2326)

[www.yogibeans.com](http://www.yogibeans.com)



Yogi Beans is a peaceful kids-only yoga studio located on the UES. Age-specific curricula develop children's abilities to focus (attention), stand up straight (posture), move

their limbs with control (strength) and grace (flexibility), and develop self-confidence. The Studio offers 25+ classes per week, including New Mommy Yoga (Babies, Crawlers), Me & My Bean Yoga (1-3 Years), Bean Yoga (3-5, 6-9 Years), Tween Yoga (10-12 Years), and Teen Yoga (12-15 Years). Other offerings include Family Yoga, birthdays, teacher trainings, private classes, & school/camp programs. \$15 trials for new beans. Open daily.

## **ZC Cleaners II**

421 East 65<sup>th</sup> Street (York-1<sup>st</sup>)  
212-772-6048

Same day service—dry cleaning in before 9 am, laundry in before 10 am • Wash, dry, fold • Skilled tailor on premises • Shirts and blouses expertly laundered • Hand pressing available • Special attention given to special garments • Free pickup & delivery. Open: Mon.-Fri. 7:30 am - 7 pm; Sat. 9 am - 6 pm.

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The logo for 'esna' is written in a bold, lowercase, serif font. The letters are thick and closely spaced. The 'e' has a white cutout in the middle. The 's' is a simple, rounded shape. The 'n' has a white cutout in the middle. The 'a' has a white cutout in the middle. The logo is tilted slightly upwards to the right.

***east sixties neighborhood association, inc.***

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tel: 212 713-5826  
e-mail: [info@esna-nyc.com](mailto:info@esna-nyc.com)  
[www.esna-nyc.com](http://www.esna-nyc.com)